

Frosty Trails Running Festival - Frosty 10K

Place	Bib #	Name	Time	Pace	Type	Age(Sex)
1	127	MICHAEL LARSON	00:47:09.27	07:35	RUNNER	34(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:23:04.42 0.0mph 00:23:04.42						
Split 2 00:24:04.86 7.7mph 07:45 00:47:09.27						
2	151	JOSHUA JOHNSON	00:50:31.89	08:07	RUNNER	34(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:25:21.43 0.0mph 00:25:21.43						
Split 2 00:25:10.47 7.4mph 08:06 00:50:31.89						
3	165	DANNY OWENS	00:52:32.58	08:27	RUNNER	49(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:25:24.54 0.0mph 00:25:24.54						
Split 2 00:27:08.04 6.9mph 08:44 00:52:32.58						
4	150	LEVI MISNER	00:52:45.75	08:29	RUNNER	41(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:25:48.27 0.0mph 00:25:48.27						
Split 2 00:26:57.48 6.9mph 08:40 00:52:45.75						
5	178	MIKE HENRY	00:53:03.81	08:32	RUNNER	57(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:26:18.51 0.0mph 00:26:18.51						
Split 2 00:26:45.31 7.0mph 08:36 00:53:03.81						
6	177	RAY POYNTER	00:53:52.05	08:40	RUNNER	47(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:26:40.73 0.0mph 00:26:40.73						
Split 2 00:27:11.33 6.9mph 08:45 00:53:52.05						
7	139	BENJAMIN CARRELL	00:53:54.06	08:40	RUNNER	24(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:25:42.61 0.0mph 00:25:42.61						
Split 2 00:28:11.46 6.6mph 09:04 00:53:54.06						
8	120	EVAN CHAILLE	00:56:43.29	09:07	RUNNER	32(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:28:49.03 0.0mph 00:28:49.03						
Split 2 00:27:54.26 6.7mph 08:58 00:56:43.29						
9	153	JOEL COOK	00:56:52.78	09:09	RUNNER	36(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:28:19.98 0.0mph 00:28:19.98						
Split 2 00:28:32.80 6.5mph 09:11 00:56:52.78						
10	903	JUSTIN DAUN	00:58:47.98	09:27	RUNNER	27(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:28:45.55 0.0mph 00:28:45.55						
Split 2 00:30:02.43 6.2mph 09:40 00:58:47.98						
11	106	JOHN JERVIS	00:59:15.63	09:32	RUNNER	51(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:29:20.62 0.0mph 00:29:20.62						
Split 2 00:29:55.01 6.2mph 09:37 00:59:15.63						
12	135	JASON STRONG	00:59:18.51	09:32	RUNNER	47(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:28:54.64 0.0mph 00:28:54.64						
Split 2 00:30:23.88 6.1mph 09:47 00:59:18.51						
13	103	DENISE POYNTER	01:00:17.63	09:42	RUNNER	50(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:29:35.66 0.0mph 00:29:35.66						
Split 2 00:30:41.98 6.1mph 09:52 01:00:17.63						
14	159	JIM GORDON	01:00:31.00	09:44	RUNNER	62(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:29:38.47 0.0mph 00:29:38.47						
Split 2 00:30:52.53 6.0mph 09:56 01:00:31.00						
15	176	HEATHER POYNTER	01:00:34.50	09:44	RUNNER	47(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:30:13.25 0.0mph 00:30:13.25						
Split 2 00:30:21.26 6.1mph 09:46 01:00:34.50						
16	134	JAY EITELJORGE	01:01:26.70	09:53	RUNNER	47(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:29:09.82 0.0mph 00:29:09.82						
Split 2 00:32:16.89 5.8mph 10:23 01:01:26.70						

Place	Bib #	Name	Time	Pace	Type	Age(Sex)
17	116	SARAH LARSON	01:01:28.67	09:53	RUNNER	32(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:30:03.17 0.0mph 00:30:03.17						
Split 2 00:31:25.50 5.9mph 10:06 01:01:28.67						
18	128	BRIAN SHARP	01:01:42.08	09:55	RUNNER	53(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:30:54.05 0.0mph 00:30:54.05						
Split 2 00:30:48.03 6.1mph 09:54 01:01:42.08						
19	101	DEAN DIXON	01:02:10.33	10:00	RUNNER	49(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:30:54.11 0.0mph 00:30:54.11						
Split 2 00:31:16.22 6.0mph 10:03 01:02:10.33						
20	160	NATHAN CUMBERLEDGE	01:03:05.76	10:09	RUNNER	12(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:30:39.32 0.0mph 00:30:39.32						
Split 2 00:32:26.44 5.7mph 10:26 01:03:05.76						
21	136	MATT ROUSE	01:03:49.80	10:16	RUNNER	55(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:31:24.97 0.0mph 00:31:24.97						
Split 2 00:32:24.83 5.8mph 10:25 01:03:49.80						
22	172	TIM LARKEN	01:04:05.05	10:18	RUNNER	57(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:30:57.67 0.0mph 00:30:57.67						
Split 2 00:33:07.39 5.6mph 10:39 01:04:05.05						
23	123	TODD BARDSLEY	01:04:19.96	10:21	RUNNER	59(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:31:33.96 0.0mph 00:31:33.96						
Split 2 00:32:46.01 5.7mph 10:32 01:04:19.96						
24	137	THOMAS STANSBURY	01:04:23.77	10:21	RUNNER	46(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:30:56.13 0.0mph 00:30:56.13						
Split 2 00:33:27.64 5.6mph 10:46 01:04:23.77						
25	171	JOHN HEADY	01:04:26.22	10:22	RUNNER	37(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:31:37.42 0.0mph 00:31:37.42						
Split 2 00:32:48.80 5.7mph 10:33 01:04:26.22						
26	175	BETH GABHART	01:05:05.64	10:28	RUNNER	47(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:32:24.96 0.0mph 00:32:24.96						
Split 2 00:32:40.69 5.7mph 10:31 01:05:05.64						
27	170	BEN KESTER	01:05:13.19	10:29	RUNNER	37(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:32:46.36 0.0mph 00:32:46.36						
Split 2 00:32:26.84 5.7mph 10:26 01:05:13.19						
28	162	MAKENZIE PAVAN	01:05:18.04	10:30	RUNNER	29(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:32:17.47 0.0mph 00:32:17.47						
Split 2 00:33:00.57 5.6mph 10:37 01:05:18.04						
29	163	DANIEL ELLIOTT	01:05:42.02	10:34	RUNNER	31(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:32:27.22 0.0mph 00:32:27.22						
Split 2 00:33:14.81 5.6mph 10:42 01:05:42.02						
30	169	KEVIN HUMBARD	01:06:05.56	10:38	RUNNER	38(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:32:46.67 0.0mph 00:32:46.67						
Split 2 00:33:18.89 5.6mph 10:43 01:06:05.56						
31	105	TODD FOECKLER	01:06:51.14	10:45	RUNNER	44(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:32:16.52 0.0mph 00:32:16.52						
Split 2 00:34:34.63 5.4mph 11:07 01:06:51.14						
32	174	MATT SCHOLL	01:08:43.50	11:03	RUNNER	54(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:32:52.49 0.0mph 00:32:52.49						
Split 2 00:35:51.01 5.2mph 11:32 01:08:43.50						

Frosty Trails Running Festival - Frosty 10K

Place	Bib #	Name	Time	Pace	Type	Age(Sex)
33	156	JEFF DEES	01:09:43.95	11:13	RUNNER	51(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:34:16.72 0.0mph 00:34:16.72						
Split 2 00:35:27.24 5.3mph 11:24 01:09:43.95						
34	129	JOSHUA ROSE	01:10:04.18	11:16	RUNNER	38(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:33:31.74 0.0mph 00:33:31.74						
Split 2 00:36:32.45 5.1mph 11:45 01:10:04.18						
35	140	DARRIN LONG	01:12:32.66	11:40	RUNNER	54(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:35:31.34 0.0mph 00:35:31.34						
Split 2 00:37:01.33 5.0mph 11:54 01:12:32.66						
36	173	MANDY DYER	01:12:47.49	11:42	RUNNER	46(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:36:28.17 0.0mph 00:36:28.17						
Split 2 00:36:19.33 5.1mph 11:41 01:12:47.49						
37	147	ALYSSA BOWMAN	01:14:07.49	11:55	RUNNER	41(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:37:21.53 0.0mph 00:37:21.53						
Split 2 00:36:45.97 5.1mph 11:50 01:14:07.49						
38	145	AUDRA MILLER	01:14:13.48	11:56	RUNNER	43(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:37:23.13 0.0mph 00:37:23.13						
Split 2 00:36:50.35 5.1mph 11:51 01:14:13.48						
39	144	SHEENA NICHOLSON	01:16:20.70	12:17	RUNNER	36(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:37:33.65 0.0mph 00:37:33.65						
Split 2 00:38:47.05 4.8mph 12:29 01:16:20.70						
40	166	JOSE AVILES	01:16:42.77	12:20	RUNNER	40(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:35:53.93 0.0mph 00:35:53.93						
Split 2 00:40:48.84 4.6mph 13:08 01:16:42.77						
41	154	FINN SILBAUGH	01:17:03.67	12:24	RUNNER	12(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:33:45.22 0.0mph 00:33:45.22						
Split 2 00:43:18.45 4.3mph 13:56 01:17:03.67						
42	152	COURTNEY COOK	01:17:28.41	12:28	RUNNER	37(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:37:25.34 0.0mph 00:37:25.34						
Split 2 00:40:03.07 4.7mph 12:53 01:17:28.41						
43	130	LAURA EARLEY	01:17:53.42	12:32	RUNNER	37(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:38:31.81 0.0mph 00:38:31.81						
Split 2 00:39:21.62 4.7mph 12:40 01:17:53.42						
44	110	CARRIE SUMMERS	01:19:08.98	12:44	RUNNER	40(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:37:59.87 0.0mph 00:37:59.87						
Split 2 00:41:09.12 4.5mph 13:14 01:19:08.98						
45	155	ANDREW LANE	01:19:54.00	12:51	RUNNER	32(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:38:48.85 0.0mph 00:38:48.85						
Split 2 00:41:05.15 4.5mph 13:13 01:19:54.00						
46	143	ANDREA LIVINGSTON	01:20:23.13	12:56	RUNNER	41(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:38:47.67 0.0mph 00:38:47.67						
Split 2 00:41:35.46 4.5mph 13:23 01:20:23.13						
47	148	SHANE IRA	01:20:48.92	13:00	RUNNER	42(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:39:57.24 0.0mph 00:39:57.24						
Split 2 00:40:51.69 4.6mph 13:09 01:20:48.92						
48	180	CYNTHIA EHLEN	01:25:12.41	13:42	RUNNER	45(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:39:52.18 0.0mph 00:39:52.18						
Split 2 00:45:20.23 4.1mph 14:35 01:25:12.41						

Place	Bib #	Name	Time	Pace	Type	Age(Sex)
49	104	JENNIFER HUDON-TERRELL	01:32:41.78	14:55	RUNNER	56(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:47:07.10 0.0mph 00:47:07.10						
Split 2 00:45:34.68 4.1mph 14:40 01:32:41.78						
50	115	DANIEL SKYWATCHER	01:40:03.25	16:06	RUNNER	42(M)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:44:05.89 0.0mph 00:44:05.89						
Split 2 00:55:57.37 3.3mph 18:00 01:40:03.25						
51	168	LISA BOOKOUT	01:43:17.42	16:37	RUNNER	50(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:48:13.44 0.0mph 00:48:13.44						
Split 2 00:55:03.99 3.4mph 17:43 01:43:17.42						
52	161	TONIA LYNCH	01:46:28.12	17:08	RUNNER	45(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:50:34.85 0.0mph 00:50:34.85						
Split 2 00:55:53.27 3.3mph 17:59 01:46:28.12						
53	113	ANGELA KLUESNER	01:47:34.47	17:18	RUNNER	42(F)
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>						
Finish 00:50:36.40 0.0mph 00:50:36.40						
Split 2 00:56:58.07 3.3mph 18:20 01:47:34.47						